



Private Lands Leadership Academy 2025

REFLECTION AND GOAL SETTING WORKSHEET

Reflecting on the Past Year

- 1) Look back at your calendar from the last year. Write down any significant events, meetings, or project deadlines below.

Events	Meetings	Project Deadlines

- 2) Look back at your list and highlight anything that might recur this year. What responsibilities or obligations will come with them?

- 3) Describe the most meaningful and impactful moments from last year. What made them special?



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Three of My Biggest Accomplishments

4) List your three greatest accomplishments from last year.

5) What did you do to achieve them?

6) Who helped you achieve these successes? How?

Three of my Biggest Challenges

7) List your three biggest challenges from last year.

8) Who or what helped you overcome them?

9) What insights have you gained by overcoming these challenges?



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Final Words of the Year

10) Choose three words to define your past year.

11) If a movie or book were to be made about your past year, what would the title be?

12) Write down any final thoughts about the past year.